

Spring Physicals 2020-2021

New Athletes:

If athletes have not played a fall sport or had a PIAA physical completed, they must get a physical completed by a physician and it must be on the required PIAA forms. Sports physicals can be completed by an urgent care, their Personal Care Physician, or by Muhlenberg. Please use the following links for the required forms for New Athletes:

PIAA Physical Packet:

IMPORTANT NOTE: Section 6 of the PIAA should remain blank for the physician to complete, all other sections should be completed by a parent/guardian and the athlete.

https://www.muhsdk12.org/site/handlers/filedownload.ashx?moduleinstanceid=8420&dataid=10665&FileName=PIAA_Physical_Form_Winter_2020_Update.pdf

COVID release waiver form:

<https://www.muhsdk12.org/site/handlers/filedownload.ashx?moduleinstanceid=8496&dataid=10854&FileName=MSD%20COVID19%20Release%20and%20Waiver%20of%20Liability%207-7-20.pdf>

Muhlenberg will be providing physicals at Commonwealth Orthopaedic Associates on February 25th from 6:00p – 8:00p. Physicals will cost \$10 CASH ONLY, bring payment upon arrival to Commonwealth at your chosen time. To sign up for MHS physicals, please use the link below:

MHS Physicals @ Commonwealth Orthopaedic Associates 6:00p – 8:00p:

<https://www.eventbrite.com/e/spring-physicals-2020-2021-tickets-137476942235>

Returning Athletes:

If athletes have already played a sport this year, they must complete an updated COVID release waiver form and a PIAA recertification packet. Please use the links below to complete the required forms for Returning Athletes:

PIAA Recertification Packet:

<https://www.muhsdk12.org/site/handlers/filedownload.ashx?moduleinstanceid=8420&dataid=10667&FileName=Recert%20Packet%20for%2020-21.pdf>

COVID release waiver form:

<https://www.muhsdk12.org/site/handlers/filedownload.ashx?moduleinstanceid=8496&dataid=10854&FileName=MSD%20COVID19%20Release%20and%20Waiver%20of%20Liability%207-7-20.pdf>

Athlete Checklist

Muhlenberg School District

Please be sure the following is complete prior to handing in your physical

- Section 1
 - Completed in full
- Section 2
 - Requires 6 parent signatures
- Section 3 + 4
 - Each require a parent and a student signature
- Section 5
 - Complete the questionnaire, any “yes” should be appropriately explained in the space provided
 - Parent and student signature
- Section 6 – **completed and signed by a doctor after June 1st**
- Section 7
 - Parent and student signature
 - Need to submit Sections 4 & 10 with Section 7
- Section 10
 - Parent and student signature
- Muhlenberg School District’s COVID Waiver
 - Parent, student and witness signature

INCOMPLETE PAPERWORK WILL RESULT IN BEING UNABLE TO PARTICIPATE

Once handed in, paperwork requires 24 hours to process, athletes will not be cleared to participate until all files have been updated and coaches are given their emergency contact information.

Please reach out to the Athletic Trainers for any medical concerns.