

TENTATIVE TIME SCHEDULE

WILSON LEONARD STEPHAN TRACK MEET

(all times are approximate; we will run ahead of schedule if we get ahead but will still start afternoon track events at 12:20;
throwing events may be moved ahead of schedule if they are finished early)

FIELD EVENT	ROUND	START TIME
LONG JUMP - WOMEN	FINALS	10:00 A.M.
TRIPLE JUMP - MEN	FINALS	10:00 A.M.
HIGH JUMP - WOMEN	FINALS	10:00 A.M.
POLE VAULT - MEN	FINALS	10:00 A.M.
SHOT PUT - MEN	FINALS	10:00 A.M.
JAVELIN -WOMEN	FINALS	10:00 A.M.
SHOT PUT - WOMEN	FINALS	12:30 P.M. (approx)
DISCUS - MEN	FINALS	12:30 P.M. (approx)
LONG JUMP - MEN	FINALS	1:00 P.M.
TRIPLE JUMP - WOMEN	FINALS	1:00 P.M.
HIGH JUMP - MEN	FINALS	1:00 P.M.
POLE VAULT - WOMEN	FINALS	1:30 P.M.
JAVELIN - MEN	FINALS	3:00 P.M. (approx)
DISCUS - WOMEN	FINALS	3:00 P.M. (approx)

RUNNING EVENT	ROUND	START TIME
110 METER HURDLES - MEN	TRIALS	9:30 A.M.
100 METER HURDLES - WOMEN	TRIALS	9:50 A.M.
100 METER - MEN	TRIALS	10:10 A.M.
100 METER - WOMEN	TRIALS	10:25 A.M.
300 METER HURDLES - MEN	FINALS	10:45 A.M.
300 METER HURDLES - WOMEN	FINALS	11:05 A.M.
200 METER - MEN	TRIALS	11:20 A.M.
200 METER - WOMEN	TRIALS	11:40 A.M.

BREAK ----BREAK----BREAK----BREAK----BREAK---- BREAK ----BREAK----BREAK----BREAK----BREAK
(20 minutes unless we're running behind then the break will be shortened)

4 X 800 METER RELAY - MEN	FINALS	12:20 P.M.
4 X 800 METER RELAY - WOMEN	FINALS	12:40 P.M.
110 METER HURDLES - MEN	FINALS	1:10 P.M.
100 METER HURDLES - WOMEN	FINALS	1:20 P.M.
100 METER - MEN	FINALS	1:25 P.M.
100 METER - WOMEN	FINALS	1:30 P.M.
1600 METER - MEN	FINALS	1:40 P.M.
1600 METER - WOMEN	FINALS	1:55 P.M.
4 X 100 METER RELAY - MEN	FINALS	2:10 P.M.
4 X 100 METER RELAY - WOMEN	FINALS	2:25 P.M.
400 METER - MEN	FINALS	2:40 P.M.
400 METER - WOMEN	FINALS	3:00 P.M.
800 METER - MEN	FINALS	3:20 P.M.
800 METER - WOMEN	FINALS	3:35 P.M.
200 METER - MEN	FINALS	3:50 P.M.
200 METER - WOMEN	FINALS	3:55 P.M.
3200 METER - MEN	FINALS	4:00 P.M.
3200 METER - WOMEN	FINALS	4:25 P.M.
(During the 3200 races, there will be shuttle relay races held in the infield for Wilson elementary students)		
4 X 400 METER RELAY - MEN	FINALS	4:50 P.M.
4 X 400 METER RELAY - WOMEN	FINALS	5:10 P.M.

