



Muhlenberg School District

Student & Family Resources





Berks Counseling Center

- ❖ 645 Penn Street, Reading, PA 19605
- ❖ Contact: 610-373-4281

Berks Community Health Center

- ❖ Multiple Locations
- ❖ Contact: 610-988-4868

Berkshire Psychiatric

- ❖ Wyomissing & Reading Locations
- ❖ Contact: Reading 610-816-5728
- ❖ Contact: Wyomissing 610-375-0544

Concern Professional Services

- ❖ 1120 Hobart Ave, Suite B, Wyomissing, PA 19610
- ❖ Contact: 610-371-8035

Familicare Counseling Center

- ❖ 645 Penn Street, 5th Floor, Reading, PA 19601
- ❖ Contact: 610-898-0770

Helping Hands Family Therapy

- ❖ 50 Commerce Drive, Wyomissing, PA 19610
- ❖ Contact 484-334-4577

Family Guidance

- ❖ 1235 Penn Ave, Wyomissing, PA 19610
- ❖ Contact: 610-374-4963

Holcomb Behavioral Health

- ❖ 1011 Reed Ave, Suite 900, Wyomissing, PA 19610
- ❖ Contact: 610-939-9999

LGBTQ Center of Greater Reading

- ❖ 640 Centre Ave, Reading, PA 19610
- ❖ Contact: 484-513-3170

PA Counseling Services

- ❖ Multiple Locations
- ❖ Contact: Reading 610-685-2188
- ❖ Contact: Wyomissing 610-670-7270

Tower Behavioral Health

- ❖ 201 Wellness Way, Reading, PA 19605
- ❖ Contact: 484-339-6037

Malvern Community Health Services

- ❖ 144 N. 6th Street, Reading, PA 19610
- ❖ Contact 610-375-7454

Free Weekly Meals In Reading, PA (Monday-Friday)

	Location	Address	Time
Monday	City Lights	246 N. 9th Street	6-8 AM
	New Journey	138 S. 6th Street	11:30 AM
Tuesday	City Lights	246 N. 9th Street	6-8 AM
	New Journey	138 S. 6th Street	11:30 AM
	Hope Lutheran	601 N. Front Street	5 PM
Wednesday	City Lights	246 N. 9th Street	6-8 AM
	New Heightz	209 N. 6th Street	12-1 PM
Thursday & Friday	City Lights	246 N. 9th Street	6-8 AM
	New Journey	138 S. 6th Street	11:30 AM

Free Weekly Meals In Reading, PA (Saturday-Sunday)

	Location	Address	Time
Saturday	<u>City Lights</u>	246 N. 9th Street	6-8 AM
	<u>Kennedy House</u>	532 Spruce St.	11:30 AM
Sunday	<u>City Lights</u>	246 N. 9th Street	6-8 AM
	St. James Worship	515 Chestnut Street	10:30 AM
	<u>Kennedy House</u>	532 Spruce St.	11:30 AM
	<u>Common Ground</u>	527 Washington St.	3:30 PM

Free Monthly Meals In Reading, PA

Location	Address	Date & Time
S. 9th St. Mennonite Church	9th Street & Chestnut St.	1st Sat. 4-6 PM
<u>VA Stand Down</u>	RACC Lot	2nd Sat. 10 AM
<u>City Reach</u>	950 Weiser St.	4th Sat. 11 AM

Berks County Health Resources

Berks Community Health Center

- ❖ Multiple Locations- 610-988-4838
- ❖ Medical, dental, substance abuse, & chiropractic services

Berks County School Districts Health Centers

- ❖ 1210 Broadcasting Road, Suite 100, Reading, PA 19610-484-822-6200
- ❖ Medical, dental, & chiropractic services

Be Well Berks: Street Medicine

- ❖ Multiple Locations- 484-628-3900
- ❖ Primary services for families in transition

FaithCare Clinic

- ❖ 621 Center Ave, Reading, PA 19601- 860-904-2870
- ❖ Medical, eye, and gynecological services

Vision Resource Center

- ❖ 2020 Hampden Blvd., Reading, PA 19604- 610-375-8407
- ❖ Vouchers for free eye exams & glasses

Western Berks Free Clinic

- ❖ 480 Big Spring Road, Robesonia, PA 19551-610-693-6207
- ❖ Adult primary & women's services



Legal Help

- [MidPenn Legal](#)
 - 501 Washington Street, #401, Reading, PA 19601
 - Contact: 610-376-8656
- [Berks County Bar Association](#)
 - 544 Court Street, Reading, PA 19601
 - Contact: 610-375-4591
- [ALDEA PJC](#)
 - 532 Walnut Street, Reading, PA 19601
 - Contact: 484-877-8002

Protection From Abuse (PFA) Help

- **Emergency PFA**
 - During business hours (8 AM-4 PM)
 - [Berks County Services Center](#) in the Courthouse
 - After business hours (After 4 PM)
 - [City Hall](#): 815 Washington St., Reading, PA 19601
 - Contact: 877-727-3234
- [PFA through Safe Berks](#)
 - Contact: 610-373-1206
 - Provides assistance with filing PFA orders

Transportation Resources

Barta Bus Door-to-Door

- ❖ 610-921-2361
- ❖ Individuals with medical disabilities and seniors

Abilities in Motion

- ❖ 610-376-0010
- ❖ Specialized transportation services

La Mexicana Cab

- ❖ 610-375-3333
- ❖ Taxi Service

Grab-a-Cab

- ❖ 610-478-1111
- ❖ Taxi Service

Barta Bus

- ❖ 610-921-0601
- ❖ Public transport system

Berks Taxi

- ❖ 610-373-7777
- ❖ Taxi Service



Translation Services

- [LanguageLine Solutions](#)
 - Contact: 800-752-6096
- [Our Konnection](#)
 - Contact: 484-334-8989
- [360 Translations International](#)
 - Contact: 856-356-2922



Drug & Alcohol Resources

<u>Treatment Access & Services</u> <u>Center Inc, TASC</u>	19 N.6th St., Suite 300 Reading PA.
<u>Caron Foundation -</u> <u>In-Patient</u> (Wernersville) <u>Out-Patient</u> (Wyomissing)	610-678-2332
<u>Pyramid Treatment Facility</u>	Quakertown, PA. 1-888-694-9996
<u>White Deer Run Treatment</u> <u>Facility</u>	Allenwood, PA. 1-877-907-6237
<u>Al Anon</u>	48 Lancaster Ave., Reading PA. 610-373-6500

24/7 Local & National Crisis Hotlines

Holcomb Crisis Line	610-379-2007
ruOK?Berks	<i>Text ruOK to 484-816-7865</i> (Free, confidential, non-judgmental number for students & adults to text)
National Suicide Prevention Lifeline	1-800-273-8255
The Trevor Project	1-888-488-7386
Gay, Lesbian, Bisexual, & Transgender Hotline	1-888-843-4564
Runaway Hotline (Berks)	1-800-231-6946

[The Hispanic Center](#)

- ❖ 201 Penn Street Reading Pa
- ❖ Information & Referral Advocacy, & Translation Services
- ❖ 610-685-1260

[Service Access & Management \(SAM\)](#)

- ❖ Multiple Locations
- ❖ Adult, student, and early intervention services
- ❖ 610-236-0530

[Career Link](#)

- ❖ 1920 Kutztown Rd., Suite F, Reading, PA. 19604
- ❖ Help with finding employment, paid work experiences, high school equivalency/GED classes, & more
- ❖ 610-988-1300

[Salisbury Behavioral Health](#)

- ❖ 560 Van Reed Rd, #304, Wyomissing, PA. 19610
- ❖ Family Support & Case Management Services
- ❖ 610-396-3672

[Youth Advocate Programs](#)

- ❖ 2851 Centre Ave., Reading, PA. 19605
- ❖ Provides youth & family intensive support and community-based alternatives to youth incarceration and neighborhood violence
- ❖ 610-921-9070

[Alternative Consulting Enterprises](#)

- ❖ 527 E. Lancaster Ave, Reading, PA. 19607
- ❖ Provides outpatient treatment & intensive behavioral health services for children and adults
- ❖ 610-796-8110

Safe Berks

- 255 Chestnut St., Reading, PA. 19602
- Housing, shelter, and legal services
- 610-373-1206

Berks County Housing Authority

- 1803 Butter Ln, Reading, PA. 19606
- Offers Housing Choice Voucher Program and Public Housing Program for assistance in paying rent to private landlords
- 610-370-0822

Mary's Shelter

- 615 Kenhorst Blvd., Reading, PA. 19611
- Provides housing & social services
- 610-603-8010

Reading YMCA

- 631 Washington St., Reading, PA. 19603
- Helps with transitional & permanent housing
- 610-378-4701

Salvation Army

- 301 S. 5th St., Reading, PA. 19602
- Offers a permanent housing services program to prevent homelessness
- 610-373-5208

Food Pantry & Distribution



<u>Helping Harvest</u>	117 Morgantown Dr., Reading, PA. 19608 610-926-5802
<u>New Journey UMC Food Ministry</u>	138 S. 6th St., Reading, PA. 19602 (M-F 9-1 p.m.)
Food Pantry at Saint John's Lutheran Church	521 Walnut St., Reading, PA. 19601 765-644-6020
<u>Reformation Lutheran Church</u>	3670 Perkiomen Ave., Reading, PA. 19606 610-779-0534
<u>United Way of Berks County</u>	25 N. 2nd St, Reading, PA. 19601 610-685-4550

<u>Trinity United Church of Christ of Mount Penn</u>	2449 Cumberland Ave., Reading, PA., 19606 610-779-4030
<u>Humane Pennsylvania Community Center of Reading</u>	1350 Schuylkill Ave., Reading, PA. 10601 484-869-5126
<u>St. James Chapel COGIC</u>	11 S. 9th St., Reading, PA. 10602 610-375-7537
<u>Grace & Hope Mission</u>	117 N. 9th St., Reading, PA., 19601 610-372-9353
<u>Good Shepherd Lutheran Church Food Pantry</u>	4201 Stoudts Ferry Bridge Rd., Reading, PA. 19605 (3rd Thurs.: 1-3 p.m.)
Muhlenberg Mobile Market	Fairground Market, Reading, PA., 19605 (Last Mon. of the Month 3 p.m.)

Rent, Utilities, Homelessness, & Other Resources



Berks Coalition to End Homelessness, Inc.	831 Walnut St. Reading PA., 19601 Phone: 610-372-7222 Fax: 610-372-7223	Resources for Emergency Shelter, Homelessness, Human Trafficking, Housing, Education & Employment, Transportation, Clothing & Food, Mental Health, & Wellness Services
Low-Income Home Energy Assistance Program (LIHEAP)	866-215-3912	Helps with household energy bills
Low-Income Household Water Assistance Program (LIHWAP)	866-215-3912	Helps with household water & wastewater bills
Berks Community Action Program BCAP	645 Penn St., 3rd Floor, Reading, PA. 19601 610-376-6571	Provides mortgage assistance, parenting classes, budget counseling, work ready program & much more
Salvation Army	301 S. 5th St., Reading, PA. 19602 610-373-5208	Provides utility assistance, Veteran Services, emergency assistance, & much more
Family Promise	325 N. 5th St., Reading, PA. 19601 610-373-3323	Provides rental & utility assistance
Berks Deaf & Hard of Hearing Services	1290 Broadcasting Rd., Suite #1, Wyomissing, PA. 19610 610-685-4523	

Fall Athletics - Muhlenberg High School

Football Coach Flowers: rflowers525@gmail.com	Girls Tennis Coach Kopetsky: kopetskyb@muhlsdk12.net
Field Hockey Coach Buono: tarpia16@gmail.com	Golf (Boys & Girls) Coach Laxton: laxtoni@muhlsdk12.net
Cross Country (Boys and Girls) Coach Conrad: conradj@muhlsdk12.net	Water Polo (Boys & Girls) Coach Stambaugh: stambaughs@muhlsdk12.net
Girls Soccer Coach Houck: houckd@muhlsdk12.net	Boys Soccer Coach Medina: meixcosoccer98@gmail.com
Volleyball Coach Campbell: vbaddict4vr@aim.com	Cheer Coach Rudderow: rudderowe@muhlsdk12.net

Students MUST have physicals completed and turned in to our Athletic Training Staff prior to first practice.

Winter Athletics - Muhlenberg High School

Swimming (Boys & Girls): Coach Eisenhofer: eisenhofert@muhlsdk12.net	Boys Basketball Coach Flowers: coachflowers89@gmail.com
Diving (Boys & Girls): TBA	Girls Basketball Coach Giddens: giddensw@readingsd.org
Wrestling Coach Thomason: ken.thomason67@gmail.com	Cheer Coach Rudderow: rudderowe@muhlsdk12.net
Bowling Coach Wolfe: wolfer@muhlsdk12.net	

Winter Sports do not begin practicing until the end of November. Information on sign ups will be sent out several weeks prior to practices beginning.

Spring Athletics - Muhlenberg High School

Baseball Coach Kopetsky: kopetskyb@muhlsdk12.net	Girls Lacrosse Coach Henschel: henschelt@muhlsdk12.net
Softball Coach Rusnock: jrusnock@rmctc.org	Boys Lacrosse: Coach Colella: colellas@muhlsdk12.net
Track & Field (Boys & Girls) Coach Castiglioni: bcastiglioni76@gmail.com	Boys Tennis Coach Simons: ssimons@rmctc.org

**Spring Sports begin in March. Information on sign ups
will be provided in January/February.**



Kindergarten to 6th Grade

MEC (Kindergarten to 3rd Grade) 610-921-8028	C.E. Cole Intermediate (4th to 6th Grade) 610-921-8212
Principal: Ginny Hornberger	Principal: Chris Becker
Assistant Principal(s): Leila McGill & Lori Morris	Assistant Principal(s): Jaclyn Bellanca & Joe Scorbora
	Dean of Students: Jeff Reiniger
Social Worker: Amanda Foulds	Social Worker: Emily Carmichael



7th Grade to 12th Grade

Muhlenberg Junior High School (Grades 7-9) 610-921-8034	Muhlenberg High School (Grades 10-12) 610-921-8078
Principal: Steve Baylor	Principal: Haniff Skeete
Assistant Principal(s): Jen Doyle & Dan Kramer	Assistant Principal(s): Juliana Ciccarelli & Aaron Kopetsky
Dean of Students: Matt Coldren	Dean of Students: Dean DeTurk
Social Worker: Liliana Moore	Social Worker: Lauren Heydt
	Alternative Education: Darrin Deitrich



Family Engagement Support Team

Director of Pupil Services	Michael Mish
Director of Clinical Services	Zachariah Milch
Community & Family Outreach Coordinator	Elizabeth Laviena
Director of Federal Programs	Dr. Cathy Shappell
Instructional Technology Coach & Virtual Coordinator	Samantha Armstrong
Instructional Coach & ELL Coordinator	Amy Madeira