

Menus For August/September 2025

Pre K Counts Menu

This institution is an equal
opportunity provider.
Menus are subject
to change.



Monday, August 25

Breakfast

Milk, fruit
Assorted cereal

Lunch

Mickey's pizza slice, toppings
Snack bag
Carrot sticks with ranch
Sliced apples

Tuesday, August 26

Breakfast

Juice, fruit
Assorted muffins

Lunch

Chicken quesadilla
Salsa, sour cream
Rice and corn
Fruit filled churro

Wednesday, August 27

Breakfast

Milk, fruit
Assorted cereal

Lunch

Cheeseburger on wheat bun
Baked chips
Lettuce, tomato, pickles
School cookie

Thursday, August 28

Breakfast

Juice, fruit
Assorted muffins

Lunch

Mini corn dogs
Mac and cheese
Baked beans
Applesauce

Friday, August 29

**HAPPY
LABOR DAY!**

**Long weekend
begins Friday
August 29th.**

**No School
Today!**

**HAPPY
LABOR DAY!**



**Try not to be BLUE
about Summer's end -
enjoy the last sweet
days of the season
BERRY much!**

Tuesday, September 2

Breakfast

Milk, fruit
Assorted cereal

Lunch

Chicken tenders w/dip
Mashed potatoes
Steamed green beans
Mixed fruit

Wednesday, September 3

Breakfast

Juice, fruit
Assorted muffins

Lunch

Sloppy Joe sandwich on bun
Sun chips
Side salad w/dressing
Pears

Thursday, September 4

Breakfast

Milk, fruit
Assorted cereal

Lunch

Pepperoni Stromboli
Marinara sauce
Steamed broccoli
Peaches

Friday, September 7

Breakfast

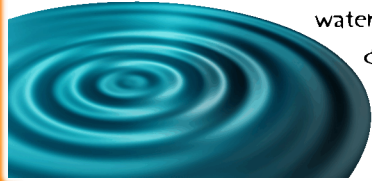
Juice, fruit
Assorted muffins

Lunch

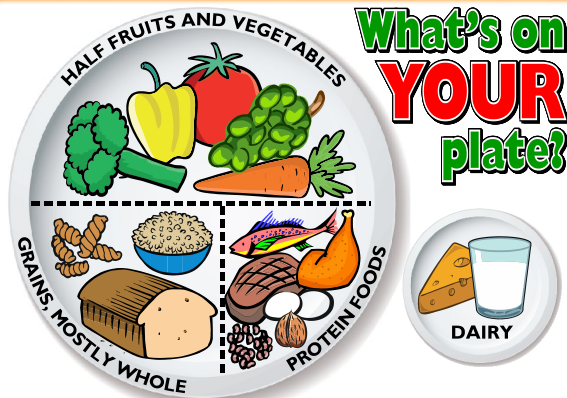
Chicken patty sandwich
Sweet potato fries
Buttered corn
Ice cream cup

RIPPLE EFFECT.

Water aids digestion, keeps your skin and other organs healthy, and helps regulate your body temperature. So what's the best way to give your body the water it needs? Easy. Drink fresh, pure water throughout the day, and try to make a habit of choosing water instead of soda.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!



Tastes like summer!



Fresh summer tomatoes are one of the great taste treats of the year. Over 10,000 varieties of tomatoes exist, and Americans eat an average of 22 pounds worth a year -- but most of that is packaged stuff, in the form of ketchup and tomato sauce. Do yourself a favor -- eat some delicious summertime tomatoes the way nature "packaged" them -- warm and juicy, right off the vine!

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Monday, September 8

Breakfast

Milk, fruit
Assorted cereal

Lunch

Max cheese filled sticks
Marinara sauce
Pretzels, peas
Peaches

Tuesday, September 9

Breakfast

Juice, fruit
Assorted muffins

Lunch

French toast slice with syrup
Sausage patty
Hash browns
Orange smiles

Wednesday, September 10

Breakfast

Milk, fruit
Assorted cereal

Lunch

Ham and cheese pretzel bun
Doritos
Tossed salad w/ dressing
Side kick fruit ice

Thursday, September 11

Breakfast

Juice, fruit
Assorted muffins

Lunch

Orange chicken
Rice
Steamed broccoli
Mandarin oranges

Friday, September 12

Breakfast

Milk, fruit
Assorted cereal

Lunch

Hot dog on wheat roll
Mashed potatoes
Baked beans
Individual brownie

Monday, September 15

Breakfast

Juice, fruit
Assorted muffins

Lunch

Grilled BBQ chicken on roll
French fries
Steamed peas and carrots
Pineapple bites

Tuesday, September 16

Breakfast

Milk, fruit
Assorted cereal

Lunch

Taco Tuesday on soft shells
Lettuce, tomato, cheese
Salsa, rice, beans, corn
Fruit filled churro

Wednesday, September 17

Breakfast

Juice, fruit
Assorted muffins

Lunch

Bosco cheese filled sticks
Marinara sauce
Romaine salad w/ croutons
Fruit snack

Thursday, September 18

Breakfast

Milk, fruit
Assorted cereal

Lunch

Grilled cheese sandwich
Goldfish crackers
Tomato soup
Fresh fruit selection

Friday, September 19

Breakfast

Juice, fruit
Assorted muffins

Lunch

Chef's choice pizza day
Baked chips
Tossed salad w/ dressing
Chef's choice dessert

Monday, September 23

Breakfast

Milk, fruit
Assorted cereal

Lunch

Popcorn chicken w/ dip
Scalloped potatoes
Buttered corn
Sliced apples

Tuesday, September 24

Breakfast

Juice, fruit
Assorted muffins

Lunch

Assorted cold hoagies
Sun chips
Lettuce, tomato, pickles
Scooby cookies

Wednesday, September 25

Breakfast

Milk, fruit
Assorted cereal

Lunch

BBQ Rib sandwich on roll
French fries
Mixed vegetables
Pears

Thursday, September 26

Breakfast

Juice, fruit
Assorted muffins

Lunch

Beef or chicken empanada
Salsa and sour cream
Seasoned rice, steamed peas
Ice cream sandwich

Friday, September 26

Breakfast

Milk, fruit
Assorted cereal

Lunch