15th Annual OXENREIDER RELAY CARNIVAL

WHEN: Saturday, April 2nd 2016 – 10:00 AM

WHERE: Muhlenberg High School Stadium

AWARDS: Medals awarded to each member of the first through sixth place finisher. Team

trophies will be awarded to overall champion and runner-up team. A commemorative plaque will be given to the highest scoring thrower (male and female) in honor of Coach Oxenreider. Girls will compete before boys in all running events. Field events

will be contested as listed. Scoring **10 - 8 - 6 - 4 - 2 - 1.**

COST: \$125.00 per team; \$250.00 if you're sending boys' and girls' teams. Team Fees may be

mailed or paid on the day of the meet. Make checks payable to: MUHLENBERG

ATHLETIC BOOSTER CLUB.

MEET DAY SCHEDULE

8:45 AM Pole Vaulters and implement weigh-ins conducted by Berks County officials

9:10 AM Milesplit Site will be **CLOSED**. No changes will be permitted after this time.

9:25 AM Coaches and Officials Meeting

10:00 AM **Jumping Events:** (TJ pit open 1.5 hrs for girls and 1.5 hrs for boys)

Boys Pole Vault		
Girls High Jump		
Boys Triple Jump (Pit1)		
Girls Triple Jump (Pit2)		

10:00 AM **Throwing Events:**

Girls Discus	Boys Shot Put			
Followed by:				
Girls Shot Put	Boys Discus			

10:15 AM **Track Events:** (Heats determined by seed times.)

Shuttle Hurdle			
Distance Medley (1200, 400, 800, 1600 meters)			
4 x 100			
Medley (100, 300, 200, 400 meters)			

11:30 AM Throwing Events:

Boys Jav	elin (Field 1) &	Girls Javelin (Field 2))

INTERMISSION

1:00 PM **Track Events:** (Heats determined by seed times.)

4 x 800
4 x 200
4 x 1600
4 x 400

1:00 PM **Jumping Events:** (LJ pit open 1.5 hrs for girls and 1.5 hrs for boys)

Girls Pole Vault		
Boys High Jump		
Boys Long Jump (Pit 1) & Girls Long Jump (Pit 2)		

RULES AND REGULATIONS:

The Oxenreider Relays will be using an online entry system to streamline meet entry and data management. The management system that will be utilized for entering all entries into the Oxenreider Relays is located at: http://pa.milesplit.com. Registration for the meet begins on Saturday March 12th and closes at 11AM on Thursday, March 31st. These entries will be used for the printing of the meet program and will serve as backup data for the meet.

Any team wishing to modify its entries may do so beginning at 6PM on Friday, April 1st. The MileSplit site will be reopened for changes till 9:10 AM on meet day. Coaches are encouraged to have their meet roster set prior to arrival. Laptops will be available in the middle school cafeteria for coaches to make any last minute changes that may be necessary on meet day. However, the site will automatically close at 9:10 AM and your team entries will be officially closed. **No substitutions or additions will be allowed after 9:10 AM.**

Teams may enter up to two running relays. One team per school in the 4 x 1600. Only the "A" relay will be scored and eligible for awards. Field event relay places will be determined using the results of the two best competitors from each school. Teams may enter up to 4 athletes in the LJ, TJ, and HJ, and up to 3 athletes in the Shot, Discus, Javelin and PV. If a team enters only one participant in a field relay, that school will earn no team points in that event. However, a single athlete may be entered in a field event for an individual mark. Two members of a team must achieve marks in a field event to be considered a relay eligible for points and awards. Submitted times and distances will be used to determine heats and flights. All events are finals. To help expedite the meet, coaches are encouraged to only enter athletes if they are capable of competing at an invitational competition level. Results from previous years and additional meet information is available at http://pa.milesplit.com/meets/193788-14th-annual-oxenreider-relays

All contestants must meet P.I.A.A. eligibility requirements.

In the Long and Triple Jumps events, contestants will be given four (4) attempts. In the Discus, Javelin and Shot only three (3) attempts will be permitted. The best performance in any of these attempts will count. In the High Jump and Pole Vault, a contestant will be eliminated after three (3) misses at the same height.

All coaches and athletes are reminded to stay away from the start/finish line areas as well as all immediate field event areas. Only competing athletes are permitted in the infield. COACHES ARE ASKED TO URGE THEIR TEAM MEMBERS TO ABIDE BY THIS RULE.

NOTES:

ADMISSION: Spectator admission will be as follows: Adults - \$5.00 Students - \$3.00

CONCESSIONS: Concession stands are located in the North End of the stadium. T-shirts will be on sale.

TIMING: All Track Events will be FAT (Fully Automatic Timing).

SPIKES: Runners should not wear spikes longer than 3/16 inch. Spikes over 3/16 will hinder

performance and possibly tear the surface as per track manufacturer specifications.

BLOCKS: All Blocks will be provided by Muhlenberg School District.

PARKING: All buses should enter stadium via Kent Street entrance. Buses will be permitted

to drop off athletes and then proceed to the front of middle school for parking.

TENTS: There will be no grass areas available for staking tents inside stadium.

Questions or problems: please contact the meet director or the Muhlenberg athletic department:

Meet Director: Robb Gourley • (H) 610.944-3276 • gourleyr@mail.muhlsdk12.org

Athletic Director: Tim Moyer • (W) 610.921.8078 ext. 4 • Fax: 610.921.7922