

Muhlenberg Elementary Center and CE Cole

K-6 Snack Options

For the health, wellness and safety of all students, beginning 2013-2014 school year, the following lists provide guidelines to strictly approved snacks permitted to be brought into Muhlenberg Elementary Center and CE Cole for student consumption. This list is exclusive to snacks intended to be shared with other students. Individual student snacks and lunches that are not shared are exempt from this list.

*APPROVED SNACK OPTIONS

1. Fresh/Dried fruit
2. Fresh vegetables
3. Pretzels (individual serving bag)
4. Goldfish™ crackers (individual serving bag)
5. Graham crackers
6. String cheese
7. Popcorn (individual serving bag)
8. Granola bars (peanut free only)
9. Yogurt
10. 100% fruit juice drinks, bars, strips, etc.
11. Fat-free milk
12. Baked chips (individual serving bag)
13. Fig/Fruit Newtons™
14. Tortilla chips and salsa
15. Sugar-free Jell-O™/Pudding
16. Dried cereal
17. Pre-packaged cheese & crackers
18. Animal Crackers
19. Others approved by School Principal



NOT APPROVED SNACKS

1. Chocolate(s)
2. Candy
3. Cake products
4. Soda
5. Cookies
6. Gum
7. Donuts
8. Juice drinks not 100% fruit juice
9. Popsicles
10. Ice Cream
11. Animal Cookies
12. Any homemade items
13. Any product(s) with nuts



Notes:

- *All pre-packaged items must have manufacturer's list of ingredients available for review