

# 8<sup>th</sup> Annual OXENREIDER RELAY CARNIVAL

WHEN: Saturday, March 28<sup>th</sup> 2009 – 10:00 AM

WHERE: Muhlenberg High School Stadium

AWARDS: Medals awarded to each member of the first through sixth place AA and AAA teams. Team trophies awarded to overall AA and AAA champions and runner-up teams. A commemorative plaque will be given to the highest scoring thrower in AA and AAA in honor of Coach Oxenreider. Girls will compete before boys in all running events. Field events will be contested as listed.  
Scoring **10 – 8 – 6 – 4 – 2 – 1.**

COST: \$100.00 per team; \$200.00 if you're sending boys' and girls' teams. Your entrance fee must be paid by **3:00 PM** on **Friday, March 20th** Make checks payable to:  
**MUHLENBERG HIGH SCHOOL ATHLETIC DEPARTMENT.**

## MEET DAY SCHEDULE

8:45 AM Pole vaulters and implement weigh-ins conducted by Berks County officials  
9:10 AM Direct Athletics Site will be **CLOSED**. No changes will be permitted after this time.  
9:25 AM Coaches and Officials Meeting

10:00 AM **Jumping Events:** (TJ pits open for 1.5 hrs)

Pole Vault	AA Boys & AAA Boys
High Jump	AA Girls & AAA Girls <b>followed by</b> Boys
Triple Jump (Pit1)	AA Boys & AAA Boys
Triple Jump (Pit2)	AA Girls & AAA Girls

10:00 AM **Throwing Events:**

Girls AA Javelin	Girls AAA Discus	Boys AAA Shot Put
<b>Followed by:</b>		
Boys AA Javelin	Boys AAA Discus	Girls AAA Shot Put

10:15 AM **Track Events:** (AA & AAA will compete together. Heats determined by seed times.)

Shuttle Hurdle
Distance Medley (1200, 400, 800, 1600 meters)
4 x 100
Sprint Medley (100, 100, 200, 400 meters)

## INTERMISSION

1:00 PM **Track Events:**

4 x 800
4 x 200
4 x 400

1:00 PM **Throwing Events:**

Girls AAA Javelin	Girls AA Discus	Boys AA Shot Put
<b>Followed by:</b>		
Boys AAA Javelin	Boys AA Discus	Girls AA Shot Put

1:15 PM **Jumping Events:** (LJ pits open for 1.5 hrs)

Pole Vault	AA Girls & AAA Girls
Long Jump (Pit 1)	AA Boys & AAA Boys
Long Jump (Pit 2)	AA Girls & AAA Girls

## **RULES AND REGULATIONS:**

The Oxenreider Relays will be using an online entry system to streamline meet entry and data management. The management system that will be utilized for entering all entries into the Oxenreider Relays is located at: <http://www.directathletics.com> Registration for the meet begins on Saturday March 14<sup>th</sup> and closes at 3PM on Wednesday March 25<sup>th</sup>. These entries will be used for the printing of the meet program and will serve as backup data for the meet.

Any team wishing to modify its entries may do so beginning at 6PM on Friday March 27<sup>th</sup>. The Direct Athletics site will be reopened for changes until 9:10 AM on meet day. Coaches are encouraged to have their meet roster set prior to arrival. Laptops will be available in the middle school cafeteria for coaches to make any last minute changes that may be necessary on meet day. However, the site will automatically close at 9:10 AM and your team entries will be officially closed. **No substitutions or additions will be allowed after 9:10 AM.**

Teams may enter up to two running relays. Only the "A" relay will be scored and eligible for awards. Field event relay places will be determined using the results of the two best competitors from each school. Teams may enter up to 4 athletes in each field event. If a team enters only one participant in a field relay, that school will earn no team points in that event. However, a single athlete may be entered in a field event for an individual mark. Submitted times and distances will be used to determine heats and flights. All events are finals. To help expedite the meet, coaches are encouraged to only enter B relays or athletes if they are capable of competing at an invitational competition level. Results from previous years and additional meet information is available at [http://www.muhsdk12.org/athletics\\_specialevents.asp](http://www.muhsdk12.org/athletics_specialevents.asp)

All contestants must meet P.I.A.A. eligibility requirements.

In the field events (Shot, Discus, Javelin, Long, and Triple Jumps) contestants will be given four (4) attempts. The best performance in any of these four (4) attempts will count. In the High Jump and Pole Vault, a contestant will be eliminated after three (3) misses at the same height.

All coaches and athletes are reminded to stay away from the start/finish line areas as well as all immediate field event areas. Only competing athletes are permitted in the infield. COACHES ARE ASKED TO URGE THEIR TEAM MEMBERS TO ABIDE BY THIS RULE.

**COACHES ARE ASKED TO PLEASE TAKE THE TIME TO HAVE THE AREA WHERE YOUR TEAM WAS LOCATED DURING THE MEET CLEANED UP OF ALL TRASH! YOUR COOPERATION IN THIS REGARD IS GREATLY NEEDED AND GREATLY APPRECIATED!**

### **NOTES:**

- ADMISSION: Spectator admission will be as follows: Adults - \$5.00 Students - \$3.00
- CONCESSIONS: Concession stands are located in the North End of the stadium. T-shirts will also be on sale.
- TIMING: All Track Events will be FAT (Fully Automatic Timing).
- SPIKES: Runners should not wear spikes longer than 3/16 inch. Spikes over 3/16 will hinder performance and possibly tear the surface as per track manufacturer specifications.
- BLOCKS: All Blocks will be provided by Muhlenberg School District.
- PARKING: All buses should enter stadium via Kent Street entrance off of Bellevue Avenue. Buses will be permitted to drop off athletes and then proceed to the front of middle school for parking during the day.
- TENTS: There will be no grass areas available for staking tents inside stadium.

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Questions or problems: please contact the meet director or the Muhlenberg Athletic Department:

**Meet Director:** Robb Gourley • (H) 610.944-3276 • [gourleyr@mail.muhsdk12.org](mailto:gourleyr@mail.muhsdk12.org)

**Athletic Director:** Kerry Ciatto • (W) 610.921.8078 ext. 4 • Fax: 610.921.7922  
Muhlenberg High School • Sharp Avenue and Frances Street • Laureldale, Pa. 19605